



Life's Struggles

Lesson One: Fear and Doubt

Complete and Keep

anxious
pained
worried
misunderstood
concerned
hurt
nervous
divorced
discouraged
scared
alone
hated
childless
poor
no purpose
fought
unknown
failed
jobless
unhealthy
hunger
unloved

Instructions:

Please fill in the blanks, using a King James Version of the Bible. When you are done, keep this lesson book and return the completed **Review Booklet** to the address provided below. As soon as our office receives your review booklet, we will grade it and:

1. Send it back to you
2. Include the next lesson in the course



Please mail the completed **review booklet** to:

Plowman's Academy
575 US Highway 250
Greenwich, OH 44837

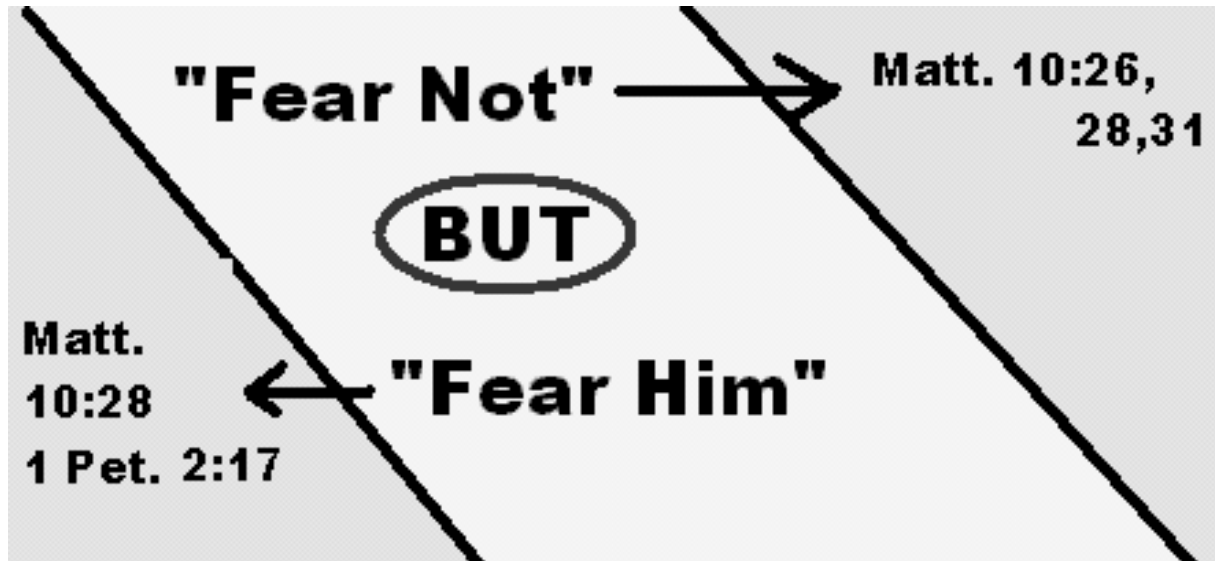
Plowman's Academy was started to provide the opportunity for teens and adults to study God's word more deeply, imitate Jesus more closely, and be more sensitive and obedient to God's Holy Spirit—all through the means of correspondence (communication by letters or mail) courses. Jesus taught us that when we set out to follow Him, we ought to do so with no regrets, no second thoughts, and no turning back. We welcome you to join us as we aim to turn from sin, surrender to God, seek Him until He rains righteousness upon us, and then follow Him faithfully and fully forever. Let us look always to Jesus and live always for eternity, for Jesus Christ is our wisdom, righteousness, sanctification, and redemption.

Thank you for joining us. An academy is a place of study or training in a specific subject or skill. At Plowman's Academy, the subject is Jesus. Put your hand to the plow and do not look back.

And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God. —Luke 9:62

These notes come from the kindness and diligence of those at Middletown Bible Church in Connecticut. The lessons are designed to be used with a King James Version of the Bible.

The Problem of Fear



Multiphobias

People FEAR many things. We can easily become FEARFUL and AFRAID. Some of these fears have been classified into various kinds of "PHOBIAS." ("Phobia" comes from a Greek word meaning "fear"). For example, consider the following:

1. **ACROPHOBIA**—a fear of high places
2. **CLAUSTROPHOBIA**—a fear of enclosed places
3. **CYNOPHOBIA**—a fear of dogs
4. **HYDROPHOBIA**—a fear of water
5. **NECROPHOBIA**—a fear of death
6. **NOCTIPHOBIA**—a fear of night

FEAR is not always wrong or sinful (even as WORRY is not always wrong). God has equipped man with the capacity to FEAR for man's own protection and benefit. Though we often think of fear as a dreaded FOE, it can also be man's best FRIEND.

- ◆ Fear is that FRIEND which keeps our hands away from the tigers' cage at the zoo.
- ◆ Fear is that FRIEND that helps us to drive safely in the midst of heavy traffic.
- ◆ Fear is that FRIEND that helps us to respect and obey the police officer, lest we should get into trouble.
- ◆ Fear is that FRIEND that encourages us to study before we take a test.

Consider again the "phobias" listed above. Show how, under certain circumstances these FEARS can be helpful. (For example, "acrophobia" might help someone on top of a high ladder to proceed with much care and caution.) These same FEARS can be harmful. (Consider for example "noctiphobia" when a child imagines that he sees a monster in the dark of his room at night.)

Friend or Foe?

FEAR can be healthy or harmful. FEAR can protect us or fear can destroy us. As we shall see, the right kind of fear will eliminate every wrong kind of fear. Please complete the following MATCHING exercise as you study verses which relate to FEAR or BEING AFRAID:

A = A healthy, right kind of fear (FRIEND)

B = A harmful, wrong kind of fear (FOE)

The Origin of Fear

_____ Matthew 14:26

_____ Matthew 14:30

_____ Matthew 2:22

_____ Genesis 22:12

_____ Acts 27:17

_____ Proverbs 28:1 (The word "fear" is not used here, but the idea is certainly present.)

_____ 1 Peter 2:17

_____ Isaiah 8:12

_____ Isaiah 8:13

_____ Psalm 112:1

_____ Psalm 112:7

_____ Mark 5:36

Find the first place in the Bible where FEAR is mentioned (HINT: Begin reading in Genesis chapter 3):

Genesis 3, verse _____ Was this a healthy, right kind of fear? _____

As you think about Adam's fear, put the letter "F" before each of the following phrases which properly describe this *wrong* kind of FEAR:

1. _____ A direct result of man's sin and guilt
2. _____ Running from God
3. _____ Running towards God ("cometh to God"—Heb. 11:6)
4. _____ Facing and fixing my problems
5. _____ Hiding and covering up my problems
6. _____ Avoiding the Lord
7. _____ Approaching the Lord
8. _____ Open and honest before God
9. _____ Ashamed before God, "having an evil conscience" (Heb. 10:22)
10. _____ Ever conscious of wrongdoing and of one's own failure to fulfill his God-given responsibilities

Does the believer who is hidden IN CHRIST ever need to be afraid of approaching a HOLY GOD (Hebrews 4:16; 10:19, 22)? _____

Fear Not! Why Not?

What is the constant plea of God to those who belong to Him (see Lamentations 3:57; Isaiah 41:14; Joshua 8:1; Luke 12:32; Matthew 10:31; Acts 27:24; etc.)? F_____ N_____

The Lord gives us many REASONS why *we need not fear*. Search the Scriptures and see if you can discover some of these reasons:

1. Gen. 26:24; Psalm 23:4; Isaiah 41:10; 43:5; Jer. 46:28; Deut. 20:1

I will not fear because _____

2. Exodus 14:13-14; Deut. 3:22; 20:3-4; 2 Chron. 20:15 (compare v. 17)

I will not fear because _____

3. Deut. 31:6, 8; 1 Chron. 28:20

I will not fear because _____

4. Psalm 118:6

I will not fear because _____

5. Isaiah 41:13-14

I will not fear because _____

6. Isaiah 43:1

I will not fear because _____

7. Deuteronomy 7:18 (also 20:1)

I will not fear because _____

8. Psalm 56:3,4,11; Psalm 112:7 (also Mark 5:36)

I will not fear because _____

9. Matthew 10:29-31

I will not fear because _____

10. John 6:20

I will not fear because _____

Understanding Who God Is Helps Us Not To Fear

1. Isaiah 41:10

I will not fear because HE IS MY _____

2. Genesis 15:1

I will not fear because HE IS MY _____

3. Proverbs 3:25-26

I will not fear because HE IS MY _____

4. Psalm 27:1

I will not fear because HE IS MY _____

5. Psalm 46:1-2

I will not fear because HE IS MY _____

6. Hebrews 13:6

I will not fear because HE IS MY _____

7. Psalm 91:2, 5

I will not fear because HE IS MY _____

The King of Fears

What is man's greatest fear (Heb. 2:14-15)? _____

Is this a legitimate fear for the UNSAVED (Heb. 9:27)? _____

What is even more fearful than physical death (Matt. 10:28; Rev. 21:8)? _____

DEATH can be described as a killer-bee (think of a giant bumblebee!)
which has a powerful and deadly sting for all its victims.

What is the terrible STINGER on this killer-bee (1 Cor. 15:56; Rom. 6:23; James 1:15; Ezekiel 18:4)? _____

What gives this STINGER its strength and power (1 Cor. 15:56; Rom. 3:20; 7:7-13)? _____

The Lord Jesus, through His death and resurrection, REMOVED THE STINGER and _____
death (2 Timothy 1:10).

Therefore, does the believer need to fear the KING OF FEARS, or may he bravely and joyfully face his hour of death (see 2 Tim. 4:6-8; 2 Pet. 1:13-14; Philippians 1:20-23, 2 Cor. 5:8; Luke 23:43)? _____

Fear and Love

And the greater of these is love!

FEAR and LOVE cannot dwell together, because the Bible says, "There is no _____ in _____; but perfect _____ casteth out _____, because _____ hath torment (punishment). He that _____ is not made perfect in _____" (1 John 4:18).

A **mother** might be terribly afraid of a mouse, but she would gladly risk her life against the most savage beast (such as a lion or bear) if necessary for the protection of her child whom she loves.

A **soldier** might fear actual warfare, but he would willingly fight on the hottest battlefield if he loves his country and the cause for which he is fighting. Can you think of other examples of how love casts out fear?

As you examine the following, decide whether each phrase is describing **FEAR** or whether it is describing **LOVE**, and write either "**Fear**" or "**Love**" on the line before each phrase:

- _____ What can I do for him?
- _____ What will he do to me?
- _____ How can I help him?
- _____ How can he harm me?
- _____ What can man do unto me?
- _____ What can I do for man?
- _____ How can I give of myself for him?
- _____ How can I protect myself from him?
- _____ Shrinks away from others
- _____ Moves towards others
- _____ "Believes all things" (1 Cor. 13:7)
- _____ Very suspicious
- _____ Thinks of everything that might go wrong
- _____ "Thinketh no evil" (1 Cor. 13:5)
- _____ Concerned about self
- _____ Concerned about God and others
- _____ Produces hard work and labor (1 Thess. 1:3), tackling the problems at hand.
- _____ Fails to fix problems and refuses to face up to responsibilities
- _____ Looks at the problem (Matthew 14:30)
- _____ Looks past the problem to the God who has the solution

The Fear that Conquers All Fears

What is man's supreme duty towards God (1 Peter 2:17; Ecclesiastes 12:13; Prov. 1:7; Deut. 10:12; etc.)? _____

A = FEAR THE LORD!

B = DON'T FEAR ANYTHING ELSE!

-
- ◆ How long are we to do this (Prov. 23:17)? _____
 - ◆ How long (Deut. 14:23)? _____
 - ◆ How long (Josh. 4:24)? _____
 - ◆ When can I begin to do this (1 Kings 18:12)? _____
 - ◆ Who should do this (Psalm 34:9)? _____
 - ◆ Who (Psalm 33:8)? _____
 - ◆ How should we serve the Lord (Psalm 2:11)? _____
 - ◆ How should we worship the Lord (Psalm 5:7)? _____
 - ◆ How should we spend our time on earth (1 Pet. 1:17)? _____

The fear of the Lord casts out all other fears. The fear of the Lord is healthy and clean and right (Psalm 19:9).

Complete this MATCHING problem:

1. _____ Matthew 10:28
2. _____ Matthew 10:31
3. _____ Psalm 112:1
4. _____ Psalm 112:7
5. _____ Isaiah 8:12
6. _____ Isaiah 8:13
7. _____ Psalm 34:4
8. _____ Psalm 34:9

The Fear of Men

Often, instead of fearing **GOD**, we fear **MEN**! We begin thinking like this:

"What will **they** think of me?" "What will **they** say?" "Will **they** get angry?" "Will **they** be pleased?" "Maybe **they** will see me!" "I'm afraid of what **they** might do to me!" "Will **they** be upset or offended?" "Will **they** still be friendly towards me?" "What will **they** want me to say?" "What will **they** want me to do?" "Where will **they** want me to go?" "I'm afraid **they** will not be happy with me!" "I don't think **they** will approve of this!" "**They** might frown on my actions!" "I hope **they** will really appreciate what I'm about to do!"

This, then, is the FEAR OF MEN. What is the FEAR OF GOD? To answer this question, simply read the above sentences again and substitute the word "**GOD**" for the word "**they**." This is the FEAR OF GOD.

Read Genesis 12:10-20; 20:1-11. Note especially Genesis 20:11. Was there any fear of God IN ABRAHAM? _____

Did Abraham fear men? _____ Was God able to protect Abraham, even without his lies and deception? _____

Can you think of times when the fear of men kept you from doing what you knew was right? _____

Did Abraham learn to fear the Lord (Gen. 22:12)? _____

How To Recognize a God-Fearer

If a person really FEARS THE LORD, then the following will be true:

Proverbs 3:7; 14:16; 16:6; Job 28:28. He will _____

Proverbs 8:13. He will _____

Exodus 20:20. He will _____

Nehemiah 5:15. He will _____

Deuteronomy 5:29; 6:2; 13:4. He will _____

Who should our close friends and companions be (Psalm 119:63)? _____

How can we learn to fear the Lord (Deut. 4:10; 17:19; 31:11-13)? _____

Let Us Hear The Conclusion Of The Whole Matter

(See Ecclesiastes 12:13)

Personal Questions to Ponder:

1. Are you afraid of displeasing the Lord?
2. Are you afraid of not being right with the Lord?
3. Are you afraid of sinning against a Holy God?
4. Are you afraid of having less than God's very best?
5. Are you afraid of not hearing God's "WELL DONE"?

CHOOSE THE FEAR OF THE LORD

(see Proverbs 1:29)

The Problem of Doubt

D ID GOD REALLY SAY THAT?

O R MAYBE HE DIDN'T.

U NLESS I SEE IT, I WON'T

B ELIEVE IT! I'M THUS

T EMPTING GOD RATHER THAN TRUSTING HIM!

God says what He means and means what He says! It is impossible for God to _____ (Heb. 6:18; Titus 1:2) or deceive. Whenever God speaks, He speaks the truth, the whole truth, and nothing but the truth (Num. 23:19; John 17:17). God makes no mistakes and He is never wrong. People may *err* (be in error), but not the Bible (Matt. 22:29).

In Mark 14:49, Jesus said that the _____ (that which God has said and which has been written down in the Bible) must be _____. Everything God says must come to pass! Therefore, what a terrible sin it is to DOUBT God's Word and to QUESTION what He has said!

In Genesis 1:3 we read, "AND GOD SAID, Let there be light." What is the very next thing that this verse says? _____ Did God's Word come to pass? _____

Write the first 3 words in
Genesis 1:6:

Write the last 4 words in
Genesis 1:7:

↓
GOD SPEAKS

↓
AND IT COMES TO PASS

The Scriptures **MUST BE FULFILLED!**

Please complete the following chart:

God Speaks	Genesis Chapter 1	And It Comes to Pass
v. 9 _____	dry land appears	v.9 _____
v.11 _____	vegetation	v.11 _____
v.14 _____	sun, moon, stars	v.15 _____
v.24 _____	land animals	v.24 _____
v.29 _____	food for man and beast	v.30 _____
Psalm 33:9 "For _____ and _____"		
Psalm 148:5 "For _____ and _____"		

All that God says **must** come to pass!

See if you can find the FULFILLMENT for the following promises and predictions of God:

AND GOD SAID (Prediction)	AND IT WAS SO (Fulfillment)
1. Isaiah 7:14	Matthew 1: _____
2. Psalm 22:18	Matthew 27: _____
3. Matthew 26:34	Matthew 26: _____
4. Matthew 27:63	Matthew 28: _____
5. 1 Kings 13:3	1 Kings 13: _____
Can you find other promises and fulfillments in the Bible?	

Has God ever failed to fulfill a promise (Joshua 21:45; 23:14)? _____ Everything will come to pass *just as God has said!*

Questioning God's Word

Satan is called the great L _____ (John 8:44) and DECEIVER (Rev. 20:3,8,10).

In Genesis 3:1 he *questioned* God's word: "YEA, _____" ("DID GOD REALLY SAY THAT?"). Ever since the Serpent met Eve, he has been trying to make men and women question and doubt God's Word.

One example of this is found in 2 Peter 3:3-4 where the *scoffers* (mockers) of the last days are saying, "WHERE IS THE _____ OF HIS _____?"

<p>Genesis 3:1</p> <p>HATH GOD SAID?</p> <p>(Did God really say not to eat?)</p>	<p>2 Peter 3:3-4</p> <p>HATH GOD PROMISED?</p> <p>(Is Christ really coming again?)</p>
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What PROMISE was given to Abraham in Genesis 17:15-16? _____

Did Abraham BELIEVE God's Word or did he QUESTION God's Word (Gen. 17:17)? _____

What PROMISE did Sarah hear in Genesis 18:10? _____

Did Sarah BELIEVE God's Word or did she QUESTION God's Word (Gen. 18:11-12)? _____

Therefore, this son was named _____ (Gen. 17:19) which means "LAUGHTER" as a constant reminder to his parents that they should never DOUBT God's Word or LAUGH at God's Promises!!

Contradicting God's Word

Not only does Satan want us to QUESTION and DOUBT God's Word, but he also wants us to CONTRADICT and DENY what God has said. In Genesis 2:17, God told Adam that he would *surely* (most certainly) _____ if he would eat the forbidden fruit.

Did God's Word come to pass (Genesis 3:6; **Romans 5:12**)? _____

Genesis 2:17	Genesis 3:4
<p>God said</p> <p>"Thou shall surely die!"</p>	<p>The Serpent Said:</p> <p>"Ye shall not surely die!"</p>

Consider Matthew 16:21-22. Jesus SPOKE and said He **must** suffer, die, and be raised again. Peter should have said, "Lord, You have SPOKEN, and even though I don't understand it, IT MUST BE SO!" But Peter said the very opposite: "THIS SHALL _____ BE!"

Who inspired Peter to **CONTRADICT** and **DENY** God's Word (Matthew 16:23)? _____

It is a terrible sin not to believe what God says. Indeed, according to 1 John 5:10, the person who does not believe God is actually accusing God of being a _____!

PERISH THE THOUGHT! LET IT NOT BE!

Is It Ever Right To Doubt?

Sometimes DOUBT can be a virtue! At times it is necessary to question what someone says! If we believe everything people tell us, we can get ourselves into trouble. Though we usually believe what men tell us (see 1 John 5:9), we should not always believe what people say, lest we be DECEIVED:

1. Should Joshua have doubted the words of the inhabitants of Gibeon (Joshua 9:3-15)? _____
2. Should the man of God have doubted the old prophet (1 Kings 13:11-18)? _____
3. Should Eve have doubted the Serpent (Genesis 3:1-5)? _____
4. Should the wise men have doubted Herod (Matthew 2:8)? _____
5. Should Naaman have doubted Gehazi (2 Kings 5:20-27)? _____

6. Should Abimelech have doubted Abraham (Genesis 20:1-5)? _____

7. Should the world doubt the man of sin (2 Thessalonians 2:3-12)? _____

Most often we believe the words of men (1 John 5:9), but sometimes men lie and deceive, and we need to be careful. Sometimes it's right to doubt what men say, but it is never right to doubt what God has said! Why not? _____

The Doubting Disciple

Who was the doubting disciple (John 20:24-29)? _____ What pleases God the most: belief based on sight or belief based on what God has said (John 20:29)? _____ Was Thomas the only one who doubted the resurrection (Matthew 28-17; Mark 16:14; Luke 24:17-20)? _____ Was Thomas the only doubting disciple (Matthew 14:31)? _____ Did **doubting Thomas** become **convinced Thomas** (John 20:26-28)? _____

Assurance of Salvation

Many people have **doubts** about their salvation: "Am I really saved?" "Do I really have eternal life?" "Have I lost my salvation?" "Have I committed the unpardonable sin?" "Will I really go to heaven when I die?" "I don't *feel* like I'm saved."

It is wonderful to know that we do not need to doubt our salvation, but we can **K** _____ that we are saved and have eternal life (1 John 5:13). This **assurance** ("I'm **sure** that I'm saved") is not based on FEELINGS, but it is based on *what God has said*:

JESUS SAID, "HE THAT BELIEVES ON ME HAS EVERLASTING LIFE" (John 6:47)

1. Have you believed on Jesus (John 3:16)? _____
 2. Have you come to Him as a lost sinner who desperately needs a Savior (John 6:37)? _____
 3. Have you received Jesus Christ as your Savior from sin (John 1:12)? _____
 4. Do you believe that Jesus Christ died to take the punishment for your sins and rose again to give you His life (1 Cor. 15:3-4; Rom. 4:25)? _____
 5. Are you trusting in Jesus RIGHT NOW and in Jesus alone for your salvation (Acts 4:12)? _____
-
-

If so, then God says that you **have eternal life** (John 6:47) as a present possession. Don't doubt Him or question Him or accuse Him of being a liar (1 John 5:10), but just REST upon what HE HAS SAID and start to enjoy the gift He has given you (Romans 6:23; Ephesians 2:8-10; 2 Corinthians 9:15)!

Tempting The Lord

A Dangerous Form of Doubt

1. What does the place name "MASSAH" mean (Exodus 17:7; Deut. 6:16)? _____
 2. What question did the children of Israel ask in Exodus 17:7? _____
-

How did the LORD previously prove that He was among His people:

- ◆ in Exodus 14:13-31? _____
- ◆ in Exodus 15:22-27? _____
- ◆ in Exodus 16:1-31? _____

Thus, we can say that their question in Exodus 17:7 was an expression of (circle one):

- a) innocent curiosity as to whether or not God was with them
- b) a deep inner belief that God really was with them
- c) doubt as to God's care and provision for their every need
- d) their concern for Moses—they asked Moses this question just to see if their leader had the proper theological credentials.

3. According to 1 Samuel 17:39, we learn that TESTING (tempting) involves **doubting** the quality or character of something. David doubted the quality and suitability of what? _____

- ◆ If your life depended upon jumping out of an airplane with a parachute, would you want that parachute to be tested by an expert before it is time to jump? _____
- ◆ Which did David trust more — his armor or his God? _____
- ◆ Is God worthy of our complete unquestioning trust or do we first need to test Him before we will trust Him? _____

4. TESTING (tempting) also involves **questioning**. As you do the following matching exercise, pay close attention to the various QUESTIONS that are asked in the various situations of testing:

THE QUEEN OF SHEBA TESTING SOLOMON	
1) ____ Is Solomon really as wise as they tell me he is? Let's see how well he answers my QUESTIONS!	A. Exodus 16:4
	B. Exodus 17:7
	C. Deut. 8:2
THE LORD TESTING HIS PEOPLE	D. Deut. 13:3
2) ____ Will they walk in My law or not?	E. Psalm 78:18-19
3) ____ Will Israel keep God's commandments or not?	F. 1 Kings 10:1
4) ____ Will you love the LORD your God with all your soul or will you be deceived by a false prophet?	2 Chron. 9:1
5) ____ Will they keep the way of the LORD or not?	G. Judges 2:22
GOD'S PEOPLE TESTING THE LORD	
6) ____ Can God furnish (provide) a table in the wilderness?	
7) ____ Is the Lord among us or not?	

Therefore, it can be said that we test God whenever we DOUBT AND QUESTION HIS CHARACTER; that is, whenever we question His faithfulness, His power, His care, His concern, His presence, His love, His fairness, His sovereign working, etc.

5. Matching:

1.	___	The man who tests God says:	A.	Don't test Him; trust Him!
2.	___	The man who trusts God says:	B.	God is faithful!
3.	___	God has every right to say:	C.	Will you be faithful to Me? (see Judges 2:22)
4.	___	A helpful rule for the believer:	D.	Is God faithful?

6. Read Numbers 21:4-6. According to the New Testament commentary on this passage (1 Cor. 10:9), how is their sin identified and described? _____

Thought question: In what way did they question God's character? _____

Why is Numbers 21:4-6 relevant and important to us today according to 1 Corinthians 10:9, 11? _____

7. Today, we tempt the LORD whenever we question and doubt. Match the following:

1. ___ God's sovereign working in our lives for our good.	A. Philippians 4:13
2. ___ God's shepherding care and concern.	B. Philippians 4:19
3. ___ God's super-abundant power and ability for every situation.	C. Exodus 17:7 and Psalm 46:1
4. ___ God's ample supply for every need that we have.	D. Romans 8:28
5. ___ God's ever <i>present</i> help in time of trouble	E. Psalm 23:1

8. Did the Lord Jesus need to test God as to whether He would really keep His promise of angelic protection and care (Matthew 4:6-7)? _____

◆ Did God the Father fulfill this promise (v.11)? _____

9. What is the conclusion to this whole matter (Deut. 6:16)? _____

10. **True or False:** _____ Israel tempted the LORD because they had no clear evidence or proof of God's working on their behalf (Psalm 95:9).

- ◆ We do not need to prove (test) God because God has already proven Himself to be everything He said He is!
- ◆ If God could save your soul (solve your greatest problem), can He also take care of your day-by-day problems?

- ◆ Does it make much sense to QUESTION or DOUBT His problem-solving ability by daily complaints, murmurings, and worries? _____

CONCLUSION: Only trust Him (Mark 5:36)!

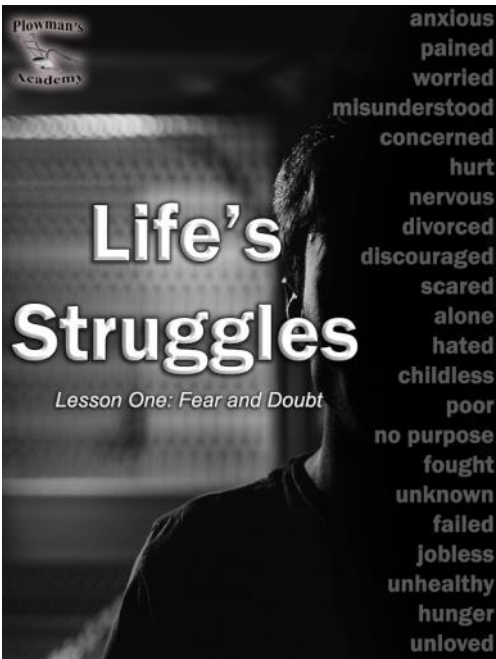
Trust in the Lord with all thine heart;
and lean not unto thine own understanding.
In all thy ways acknowledge him,
and he shall direct thy paths (Proverbs 3:5-6).

What time I am afraid, I will trust in thee.
In God I will praise his word, in God I have put my trust;
I will not fear what flesh can do unto me (Psalm 56:3-4)

Some trust in chariots, and some in horses:
but we will remember the name of the Lord our
God (Psalm 20:7)

It is better to trust in the Lord
than to put confidence in man (Psalm 118:8)

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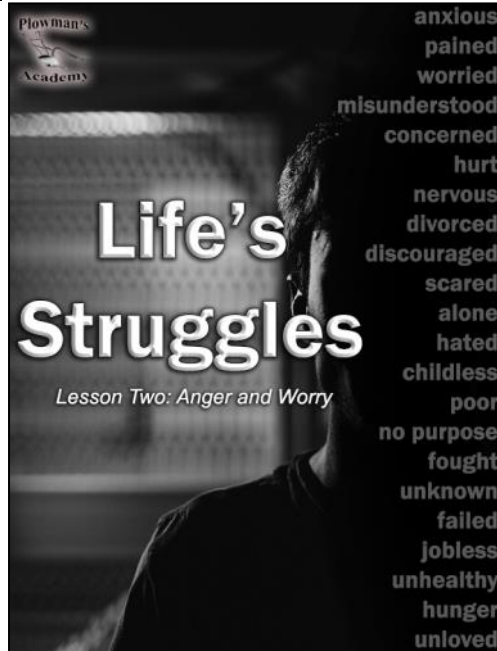


Life's Struggles

Lesson One: Fear and Doubt

- anxious
- pained
- worried
- misunderstood
- concerned
- hurt
- nervous
- divorced
- discouraged
- scared
- alone
- hated
- childless
- poor
- no purpose
- fought
- unknown
- failed
- jobless
- unhealthy
- hunger
- unloved

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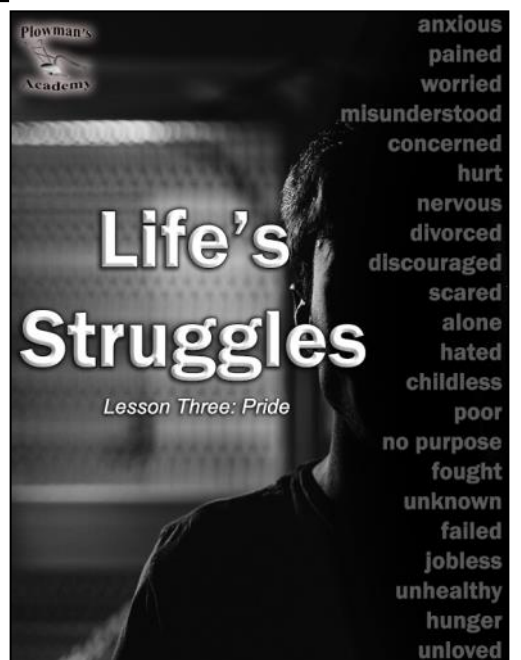


Life's Struggles

Lesson Two: Anger and Worry

- anxious
- pained
- worried
- misunderstood
- concerned
- hurt
- nervous
- divorced
- discouraged
- scared
- alone
- hated
- childless
- poor
- no purpose
- fought
- unknown
- failed
- jobless
- unhealthy
- hunger
- unloved

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Life's Struggles

Lesson Three: Pride

- anxious
- pained
- worried
- misunderstood
- concerned
- hurt
- nervous
- divorced
- discouraged
- scared
- alone
- hated
- childless
- poor
- no purpose
- fought
- unknown
- failed
- jobless
- unhealthy
- hunger
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